

IRWIN-9

drawn in, the tips of our fingers rubbed against the glove. My fingers became quite sore, probably as sore as Dave's.

When we got back to Falcon and settled down for the rest period, I took the pair of scissors we use to open the plastic food bags and trimmed my fingernails down to the quick. That seemed to take all the pressure off the nails. I tried to talk Dave into cutting his nails, but he wouldn't do it. He was afraid it might affect his dexterity.

Unfortunately, when Dave returned from the moon, painful blood clots had formed under most of his nails.

I also had some problems. I was bothered with dizziness for several days after our return to earth. After three days of fairly hard work on the moon, I had figured we could just slack off during the four days coming back. I seldom used the elastic-cord exerciser on board. So when I got back I was a little wobbly, much like a person who has been confined to a hospital bed for a week or so.

X

For the first few nights that I was back, I would lie down in bed and feel that I was sleeping with my head down about 30 degrees below the rest of my body. It's awful to have vertigo in bed. But I no longer feel as though I were sleeping downhill, and all is back to normal.