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January 19, 2010

Ms. Erin L. Glynn
The University of Texas Medical Branch
301 University Boulevard
Galveston, TX 77555-0144

Dear Ms. Glynn:

The American Physiological Society grants you permission to use the following *Journal of Applied Physiology* article in your PhD dissertation for the University of Texas:

Micah J. Drummond, Hans C. Dreyer, Christopher S. Fry, Erin L. Glynn, and Blake B. Rasmussen
Nutritional and contractile regulation of human skeletal muscle protein synthesis and mTORC1 signaling
J Appl Physiol 106: 1374-1384, 2009. First published January 15, 2009;
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