

SKYLAB SCIENCE PILOTS

M133 SLEEP MONITORING EXPERIMENT

SL-1/2-SL-3 COMPARISON

SL-1/2 AVERAGES		SL-3 AVERAGES	
PREFLIGHT (3)	FLIGHT (9)	PREFLIGHT (3)	FLIGHT (16)
7.8	6.9	7.5	7.5
6.9	6.0	6.4	6.6
0.8	0.7	1.1	0.8
0.6	0.3	0.2	0.3
5.3	5.7	8.8	15.5
54.8	43.2	56.3	59.1
14.8	15.9	17.4	7.6
2.9	16.9	2.8	0.9
22.2	18.2	14.7	16.9
	TOTAL REST TIME		
	TOTAL SLEEP TIME		
	TOTAL AWAKE TIME		
	SLEEP LATENCY		
	STAGE 1%		
	STAGE 2%		
	STAGE 3%		
	STAGE 4%		
	STAGE REM%		

SL-4

PREFLIGHT (3) FLIGHT (18)

DATA UNDER ANALYSIS