

SKYLAB-4

*QUANTITATIVE PERSONAL EXERCISE

	SL-2 (28 DAYS)		SL-3 (59 DAYS)		SL-4 (84 DAYS)	
	AVERAGE DAILY EXERCISE (WATT-MIN)	AVERAGE DAILY EXERCISE (kcal)	AVERAGE DAILY EXERCISE (WATT-MIN)	AVERAGE DAILY EXERCISE (kcal)	AVERAGE DAILY EXERCISE (WATT-MIN)	AVERAGE DAILY EXERCISE (kcal)
CDR	1966	140	3884	277	4198	300
SPT	1216	87	3676	263	5676	405
PLT	1430	102	7199	514	4997	357

*ERGOMETRY