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Lyndon B. Johnson Space Center

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DB/Chief, Biomedical Research Division

DD/Chief, Health Services Division

DD/Chief, Life Sciences Astronaut Office

FROM: DA/Acting Director for Life Sciences

SIGNATURE Original Signed By

L. F. Dies in, M. Da

Lawrence F. Dietlein, M.D.

Space Shuttle Crew Exercise Requirement

Although the Directorate position at this time is not to <u>require</u> crew exercise for medical reasons on missions shorter than 14 days, I believe it is important that we begin to work provisions for exercise equipment onboard the Orbiter for optional crew use. Therefore, as a baseline I am directing you to consider an instrumented isokinetic exerciser, which is being developed jointly by you and DB under contract as part of an overall exercise system.

I want to personally review any problems or alterations to this baseline.