SMEAT UPLINK - AUGUST 17, 1972

To maintain body weight SPT's, daily caloric intake should be initially increased by approximately 300 kcals. This will be accomplished by utilization of any combination of the free items listed below:

٩	Food Item	Kcals
/	Sugar Cookies	120-175
1	Mints	141
	Hard Candies	234
	Cherry Drink .	172
	Apple Drink	172

Following direction from SMEAT Medical Officer SPT's Pea Soup will be replaced by Potato Soup.

Other replacements will be considered on a case-by-case basis.

Charles E. Ross, D.O. Paul C. Rambaut, Sc.D.