

2-Way Memo

Subject: STS-8 Pantry Selection

From : CB/William Thornton, M.D.

INSTRUCTIONS

Use routing symbols whenever possible.

SENDER (Originator of message):

Use brief, informal language.

Conserve space.

Forward original and one copy.

RECEIVER (Replier to message):

Reply below the message, keep one copy, return one copy.

DATE OF MESSAGE

4/14/83

ROUTING SYMBOL

SE-3

SIGNATURE OF ORIGINATOR

Rita M. Rapp

TITLE OF ORIGINATOR

Shuttle Support Branch

FOLD

INITIAL MESSAGE

The time has come to select your pantry!

- Attachment No. 1 is the standard menu to be used on STS-8.

Please review and indicate items you do not eat. Substitutes will be placed in the pantry; if you have a preference for the substitute please indicate.

- Attachment No. 2 is the food and beverage list; and attachment No. 3 is a sample copy of the pantry used on STS-5.

Please indicate on the food and beverage list what snacks and beverages you would like to have in the pantry.

Do you drink coffee?

Yes ☐ No ☐

Indicate black, w/cream, w/sugar, w/cream and sugar.

Tea

Yes ☐ No ☐

REPLY MESSAGE

Indicate w/sugar -- w/artificial sweetener.

Do this individually and I will put final figures on the items and submit for your review and approval. Irradiated meat items may not be available; if they are available, they will be placed in the pantry.

Please return your comments on or before April 25, 1983.

You will be requested to evaluate and comment on food items, snacks and meals as they are provided during SMS training activities. If there are any other foods you would like to evaluate, please let me know.

Enclosures

To : SE3/Rita M. Rapp
 ➔ Shuttle Support Branch

DATE OF REPLY

ROUTING SYMBOL

SIGNATURE OF REPLIER

TITLE OF REPLIER

SHUTTLE - STANDARD MENU

MEAL	DAY 1 ¹ ,5	DAY 2,6	DAY 3,7	DAY 4,8
A	Dried Pears (IM) Beef Patty (R) Scrambled Eggs (R) Bran Flakes (R) Cocoa (B) Orange Drink (B)	Applesauce (T) Dried Beef (NF) Granola (R) Breakfast Roll (I)(NF) Choc. Inst. Brkfst. (B) Orange-Grapefruit Drk (B)	Dried Peaches (IM) Sausage (R) Scrambled Eggs (R) Cornflakes (R) Cocoa (B) Orange-Pineapple Drk (B)	Dried Apricots (IM) Breakfast Roll (I)(NF) Granola w/Blueberries (R) Vanilla Inst. Brkfst (B) Grapefruit Drk (B)
B	Turkey Tetrazzini (R) Bread (2X) (NF) Fruit Cocktail (T) Pecan Cookies (NF) Apple Drink (2X) (B)	Beef w/BBQ Sauce (T) Bread (2X) (NF) Pears (T) Peanuts (NF) Lemonade (2X) (B)	Ham (T) Cheese Spread (T) Bread (2X) (NF) Gr. Beans & Broccoli (R) Pineapple (T) Cashews (NF) Tea w/Lemon and Sugar (2X) (B)	Tuna (T) Bread (2X) (NF) Noodles and Chicken (R) Almonds (NF) Strawberry Drk (2X) (B)
C	Shrimp Cocktail (R) Beef and Gravy (T) Rice Pilaf (R) Broccoli au Gratin (R) Butterscotch Pudding (T) Grape Drink (B)	Turkey and Gravy (T) Cauliflower w/Cheese (R) Gr. Beans w/Mushrooms (R) Lemon Pudding (T) Granola Bar (NF) Cocoa (B)	Frankfurters (T) Potato Patty (R) Mixed Italian Vegetables (R) Vanilla Pudding (T) Tropical Punch (B)	Ground Beef w/Pickle See (T) Macaroni & Cheese (R) Asparagus (R) Peach Ambrosia (R) Shortbread Cookies (NF) Lemonade (B)

NOTE: ¹Day 1 (launch day) consists of Meal B and C only

Abbreviations

T---Thermostabilized
IM---Intermediate Moisture
R---Rehydratable

I---Irradiated
NF---Natural Form
B---Beverage (Rehydratable)

SHUTTLE FOOD AND BEVERAGE LIST*

1. Applesauce (T)
2. Apricots, Dried (IM)
3. Asparagus (R)
- 4.
5. Beef Almondine (R)
6. Beef, Corned (I)(T)?
7. Beef and Gravy (T)
8. Beef, Ground w/Pickle Sauce(T)
9. Beef Jerky (IM)
10. Beef Pattie (R)
11. Beef, Slices w/BBQ Sauce (T)
12. Beef Steak (I)(T)?
13. Beef Stroganoff w/Noodles (R)
14. Bread, Seedless Rye (I)(NF)
15. Broccoli au Gratin (R)
16. Breakfast Roll (I) (NF)
17. Candy, Life Savers, Assorted Flavor(NF)
18. Cauliflower w/Cheese (R)
19. Cereal, Bran Flakes (R)
20. Cereal, Cornflakes (R)
21. Cereal, Granola (R)
22. Cereal, Granola w/Blueberries(R)
Granola w/Raisins(R)
23. Cheddar Cheese Spread (T)
24. Chicken a la King (T)
25. Chicken and Noodles (R)
Noodles and Chicken (R)
26. Chicken and Rice (R)
27. Chili Mac w/Beef (R)
28. Cookies, Pecan (NF)
29. Cookies, Shortbread (NF)
30. Crackers, Graham (NF)
31. Eggs, Scrambled (R)
32. Food Bar, Almond Crunch (NF)
33. Food Bar, Chocolate Chip (NF)
34. Food Bar, Granola (NF)
35. Food Bar, Granola/Raisin (NF)
36. Food Bar, Peanut Butter/Granola (NF)
37. Frankfurters (Vienna Sausage) (T)
38. Fruitcake
39. Fruit Cocktail (T)
40. Green Beans, French w/Mushrooms (R)
41. Green Beans and Broccoli (R)
42. Ham (T)
43. Jam/Jelly (T)
44. Macaroni and Cheese (R)
45. Meatballs w/BBQ Sauce (T)
46. Nuts, Almonds (NF)
47. Nuts, Cashews (NF)
48. Nuts, Peanuts (NF)
49. Peach Ambrosia (R)
50. Peaches, Dried (IM)
51. Peaches (T)
52. Peanut Butter
53. Pears (IM)
54. Pears (T)
- 55.
56. Pineapple, Crushed (T)
57. Pudding, Butterscotch (T)
58. Pudding, Chocolate (R)(T)
59. Pudding, Lemon (T)
60. Pudding, Vanilla (R)(T)
61. Rice Pilaf (R)
62. Salmon (T)
63. Sausage Pattie (R)
64. Shrimp Creole (R)
65. Shrimp Cocktail (R)
66. Soup, Cream of Mushroom (R)
67. Spaghetti w/Meat Sauce (R)
68. Strawberries (R)
- 69.
70. Tuna (T)
71. Turkey and Gravy (T)
72. Turkey, Smoked/Sliced (I)(T)?
73. Turkey Tetrazzini (R)
74. Vegetables, Mixed Italian (R)

also available:

M & M Candy
Butter Cookies
Soda Crackers
Potato Patties
Potato au Gratin

* Assuming no food warming capability on the Orbiter

SHUTTLE FOOD AND BEVERAGE LIST (CONTINUED)BEVERAGES

1. Apple Drink
2. Cocoa
3. Coffee, Black
4. Coffee w/Cream
5. Coffee w/Cream and Sugar
6. Coffee w/Sugar
7. Grape Drink
8. Grapefruit Drink
9. Instant Breakfast, Chocolate
10. Instant Breakfast, Strawberry
11. Instant Breakfast, Vanilla
12. Lemonade
13. Orange Drink
14. Orange-Grapefruit Drink
15. Orange-Pineapple Drink
16. Strawberry Drink
17. Tea
18. Tea w/Lemon and Sugar
19. Tea w/Sugar
20. Tropical Punch

CONDIMENTS

BBQ Sauce
Catsup
Mustard
Pepper
Salt
Hot Pepper Sauce
Mayonnaise

ABBREVIATIONS

T --- Thermostabilized
IM --- Intermediate Moisture
R --- Rehydratable
I --- Irradiated
FD --- Freeze-Dried
NF --- Natural Form

STS-5 CONTINGENCY/PANTRY (BASELINE)

Beverages (120)

Apple Drink	10
Coffee (B)	24
Coffee (C)	12
Coffee (C&S)	12
Grapefruit Drink	15
Instant Breakfast, Chocolate	4
" " Strawberry	4
" " Vanilla	4
Lemonade	6
Orange Drink	11
Orange-Pineapple Drink	4
Strawberry Drink	10
Tea w/Lemon and Sugar	4

Snacks (84)

Apricots	4
Dried Beef	4
Cookies, Shortbread	5
Cookies, Pecan	5
Cookies, Butter	5
Crackers, Graham	4
Crackers, Soda	4
Food Bar, Granola w/Raisins	4
Food Bar, Granola	4
Peaches, Dried	4
Pears, Dried	4
M&M Candies	4
Nuts, Almonds	7
Nuts, Cashews	6
Nuts, Peanuts	6
Peanut Butter	6
Jam/Jelly	4
Bread	4

Rehydratables (40)

Beef Pattie	4
Green Beans w/Mushrooms	4
Potato Patties	4
Chicken and Rice Soup	4
Turkey Tetrazzini	4
Peach Ambrosia	3
Strawberries	4
Shrimp Cocktail	3
Bran Flakes	2
Shrimp Creole	4
Eggs	4

Thermostabilized (32)

Frankfurters	2
Ham	4
Corned Beef	4
Meatballs w/BBQ Sauce	2
Tuna	2
Salmon	4
Applesauce	2
Pudding, Butterscotch	2
" Chocolate	2
" Lemon	2
" Vanilla	2
Turkey, Smoked, Sliced	4

A fresh food locker on STS-9
will contain the following:

Bread
Carrot Sticks
Celery Sticks
Cheese
Apples
Bananas