

## MEMORANDUM

Lyndon B. Johnson Space Center



REFER TO: CB	DATE JAN 6 1977	INITIATOR CB/WETHornton:lmc:1/6/76:2421	ENCL
TO: DE5/Rita M. Rapp		CC	
FROM: CB/William E. Thornton		SIGNATURE <i>W. Thornton</i> William E. Thornton	
SUBJ: Food			

For virtually all of the past two months I have been training at Ames for SMD III, and haven't been able to give other items the attention they deserve. First, the proposed SMD III menus dated September 3, 1976; I couldn't tell what physical state many of these are in and this makes a difference. Speaking of physical states, where are these coming from? Not Skylab leftovers I trust!

Eggs--simply don't eat them.

If by "drink" you mean those chemical and sugar concoctions, I don't drink them.

Beef hash is pretty strong stuff for breakfast especially if it is related to the previous hash.

Can't drink my breakfast; e. g., instant breakfast - day 1.

Dried beef is fine for lunch and dinner but breakfast? This assumes it is edible and not the corned 50 percent salt variety.

Why can't we have granola or a good muesli rather than the nothing cereals.

I'll eat two-year old bacon (if thats what you mean by ASTP) if you will first.

Anything from a chicken I dislike; e.g., lunch - days 1, 2, 3.

How many calories a day are we going to have and what are the spare pantry items?

Would you also please send me anything you have on the latest thinking for Shuttle.



Bill Thornton

SMD3 MENUS

2/4/77

Meal	Day 1&7**	Day 2&8***	Day 3
A	Pineapple(T) Bacon Squares <sup>PS</sup> *Raisin & Spice Cereal Orange Drink Cocoa     	Dried Apricots Beef Jerky X Granola Grapefruit Drink     	Pineapple *Beef Hash X Granola Bar Orange Drink Cocoa     
B	*Romaine Soup *Beef Patty *Chicken & Rice <sup>z</sup> Peach Ambrosia Brownie Grapefruit Drink     	*Spaghetti & Meat Tuna Salad Spread Rye Bread Cheese Crackers Applesauce Vanilla Wafers Orange-Pineapple Drink     	*Chicken a la King <sup>z</sup> Peanut Butter Peach Jam Rye Bread Pears(T) Chocolate Covered Cookies Strawberry Drink     
C	Shrimp Cocktail *Beef Steak *Potato Patty <sup>PS</sup> Strawberries Vanilla Pudding Strawberry Drink     	*Beef & Gravy *Mashed Potatoes X *Asparagus Peaches(T) Almonds Lemonade     	+Corned Beef *Macaroni & Cheese +Stewed Tomatoes X Chocolate Pudding Orange-Pineapple Drink     

\* Hot items  
! Hot or cold items

\*\* Day 1 consists of Meals B and C only  
\*\*\* Day 8 consists of Meal A only

SMD3 MENUS (CONTINUED)

2/4/77

<u>Meal</u>	<u>Day 4</u>	<u>Day 5</u>	<u>Day 6</u>
A	Dried Peaches *Scrambled Eggs X Bacon *Raisin & Spice Cereal Grapefruit Drink <hr/> <hr/> <hr/> <hr/>	Strawberries *Sausage <sup>PSS</sup> <sub>MS</sub> Natural Cereal Grapefruit Drink Cocoa <hr/> <hr/> <hr/> <hr/>	Dried Apricots Beef Jerky X Granola Bar Orange Drink <hr/> <hr/> <hr/> <hr/>
B	*Beef Stew <sup>more</sup> Salmon(T) Cheese Spread Rye Bread Lemon Pudding Pecan Cookies Tea w/Lemon & Sugar <hr/> <hr/> <hr/> <hr/>	*Veal & BBQ X *Potato Patty *Peas Applesauce Peanuts Orange Drink <hr/> <hr/> <hr/> <hr/>	Tuna(T) Cheese Slice Rye Bread Peaches(T) Chocolate Nut Cake Lemonade <hr/> <hr/> <hr/> <hr/>
C	*Beef & BBQ X *Pork & Scalloped Pots. *Asparagus Peaches(R) Grape Drink <hr/> <hr/> <hr/> <hr/>	*Seafood Mushroom Soup +Ham(I) *Corn Peach Ambrosia Vanilla Pudding Strawberry Drink <hr/> <hr/> <hr/> <hr/>	+Sliced Turkey <sup>MS</sup> Cranberry Sauce *German Potato Salad +Stewed Tomatoes Shortbread Cookies Tea w/Lemon & Sugar <hr/> <hr/> <hr/> <hr/>

\* Hot items  
+ Hot or cold items



2/9/77

Beverages

- 3 Instant Breakfast
- 9 Cocoa
- 10 Grapefruit Drink
- 10 Grape Drink
- 10 Orange Drink
- 10 Orange/Pineapple Drink
- 10 Strawberry Drink
- 10 Tea w/Lemon and Sugar
- 30 Tea
- 40 Coffee, Black
- 40 Coffee w/Sugar

Snacks

- ↑ 3 Peanuts
- ↑ 4 Almonds
- ↑ 10 Dried Peaches
- ↑ 10 Dried Apricots
- ↑ 6 Beef Jerky
- × 6 Bacon Squares(4)
- 3 Cherry Nut Cake
- 3 Fruitcake
- 6 Chocolate Covered Cookies
- 6 Pecan Cookies
- 6 Shortbread Cookies
- 3 Vanilla Wafers
- 6 Biscuits
- × 10 Graham Crackers
- ↑ 6 Granola Bars
- ↑ 6 Flake Bars
- ↑ 9 Rye Bread
- ↑ 6 Cheese Slice

Rehydratables

- ↑ 3 Granola
- ↑ 3 Natural Cereal
- 3 Beef Stew ×
- 3 Turkey Rice Soup ×
- 3 Shrimp Cocktail
- 3 Beef Hash ×
- 3 Veal and BBQ ×
- 3 Potato Pattie
- 3 Sausage ×
- ↑ 3 Beef Pattie
- 3 Chicken and Rice ×
- ↑ 3 Peach Ambrosia
- 3 German Potato Salad
- ↑ 3 Spaghetti and Meat
- 3 Pork and Potatoes ×
- ↑ 3 Salmon Salad

Thermostabilized

- ↑ 3 Cheese Spread
- ↑ 3 Beef and BBQ
- × 3 Beef and Gravy
- × 3 Beef w/Pickle Sauce
- ↑ 3 Beef Steak(I)
- ↑ 3 Corned Beef(I)
- ↑ 3 Ham(I)
- ↑ 2 Frankfurters
- × 3 Meatballs and BBQ
- × 3 Turkey and Gravy
- 3 Turkey, Sliced(I)
- ↑ 3 Tuna Salad Spread
- ↑ 4 Peanut Butter
- 4 Peach Jam
- ↑ 2 Applesauce
- ↑ 2 Peaches
- ↑ 2 Pears
- ↑ 3 Pineapple
- ↑ 2 Vanilla Pudding
- ↑ 2 Chocolate Pudding

? Jelly

~~Hot dogs~~

Fresh Fruit &amp; Veggies