Using waste management bags onboard Apollo Spacecraft allow yourself at least 45 minutes and make as much room as possible in the LEB. The key to this exercise is setting everything up prior to commencing the main act. The CWG trap door is too small to allow a good placement of the bags. I suggest dropping your drawers and getting comfortable. This means disconnecting the biomed harness at the signal conditioners. I have done it both ways and the latter is best. Separate the outer bag and stick it to the wall. It will be used to hold all the little pieces of paper that collect. Lay out at least 4 folded paper towels and the wet wipe that comes with the bag. These paper towels will be used, folded, and used again. Wet one of the towels and the wet wipe which always seems to be dry. These should all be within easy reach. Remove the chemical packet from its outer bag and place in the bottom of the bag. Attach the bag to the appropriate end as accurately as possible. Try to keep the one finger glove out of the way. Attach the **UCTA** and you're ready to go.

Use the finger of the bag to push and keep everything at the bottom of the bag. Leave the bag stuck where it is and clean up the **UCTA** portion of the job.

Unless you have been singularly unfortunate you should be able to remove the bag from your posterior and stick it by one corner to the couch. Use a couple of the dry towels judiciously and shove them carefully into the bag. We wet paper towel and the dry ones again as necessary. Finish with the small wet wipe and close the top of the bag except for a small hole and break the chemical container at the bottom. Try not to let too much of the chemical get soaked up by the paper.

Knead the bag until mixed (or as long as you can take it) and roll it tightly forcing the air out the hole you have left at the top. Place this in the outer bag with all the little pieces that have collected.

Remove the inner sealer cover and roll up the outer bag. Remove the protector on the outer sealer and roll the outer bag.

