

now 2.5 hrs July lunch

6/8/72

Chuck,

I have ^(destroyed) burned the following:

- ① XEROX COPY OF 4 SOVIET PAPERS
- ② XEROX " " KAKURIN - SALYUT + POST-M.
- ③ HAND WRITTEN COPIES (2) of POST
- ④ US PRELIM TRANS - SZIREZHEV (2 COPY)
- ⑤ " " " - KAKURIN (SALYUT) ONLY
- ⑥ " " " BRYANOV

*no photos
copies = 8/27*

Complete Salyut - flight -

Notes:-

Red levels - via S.L.

CO₂ & H₂O vapor levels, T₃ P = 71 atm

Heat prod T₁D = 2950 kcal.

1.2 - 1.3 vs 1.9 - 2.0 of food

physique -

met chest items - less hit from MSIP.

7-8 hrs sleep. 2 1/2 hrs exercise + practice. continuous work.

8/27 day

EQ

countermeasures - pgs

*12 hr beds
HONP*

*Try with me visit
for Star City -
- Photos -*

*6-7 shifts to sleep -
(cycles 18 hrs)*